



Draw your plastic item

- Choose a plastic object that fits onto your paper, that isn't too small and that will sit flat
- Place your object onto your paper. Trace around your object using a colour you can see a lot of in your object i.e. green for the green soap bottle
- Lift your item to reveal the outline. You may need to fix some wobbly bits
- Use the relevant colours to sketch in some other details i.e I used red to sketch the raspberries on the label and a dark blue for the writing
- Use a colouring-in technique to add colour. I like to change directions with my pencil and to keep my marks light so I can blend my pencil marks
- Use three shades of the one colour to create form. Build your colours up in light layers to create shadows and highlights i.e. I used a lime green for the container, a darker green for the shadows and a yellow for highlights



Extension activities

Did you enjoy drawing? Here are some ideas to extend this activity:

- Create a series of drawings of different plastic objects
- Invest in some good artist quality coloured pencils for a better result
- Try different drawing mediums like charcoal, oil pastels and pen

Well done on your finished masterpiece!

Share it with us

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Have an idea for the next AAC at home? Let us know!