

AAC at home

Salt dough pinch pots

In Afternoon Art Club, we get children making art.

Use your pantry staples to create a pinch pot for your special items.

You will need:

- Flour 2 cups
- Salt 1 cup
- Warm water 1 cup
- Paint or markers



Make your dough

Add one cup salt to one cup warm water (wait for water to cool before using). Stir to dissolve salt in water.

Add 2 cups flour a little bit at a time and stir. When it becomes too stiff to stir, use clean hands to bring the dough together.

If the dough is too wet and sticky, knead in a little more flour. If it's too stiff, add a little more water. It should be easy to work with—soft and not too stiff and not excessively sticky.

Make your pinch pots

Make a ball with your dough. Insert your thumb and pinch the dough between your thumb and fingers. Rotate the ball and continue to pinch the sides creating a 'pot'.

Salt dough can air dry or pop into the oven for 90 mins– 2 hours at 100°C .



Decorate your pinch pots

Use paint or markers to decorate your pinch pots.

To increase the life of your pinch pots, seal the pinch pots with varnish or lacquer.

Extension activities

1. Try creating new forms with your dough. Salt dough is excellent for decorative items like Christmas decorations
2. Use the dough to model a character. Use a stop motion app like stop motion studio to animate your character
3. Purchase some air dry clay or try the activity with the real thing and organize it to be fired

Well done on your finished masterpiece!

Share it with us

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Have an idea for the next AAC at home? Let us know!